

Meal Plan Menu

July - September 2024

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Set Meals

Teriyaki Chicken & Basmati Rice
Thai Green Chicken Curry
Honey & Ginger Chicken & Basmati Rice
Chicken Jalfrezi & Basmati Rice
Garlic & Chilli Beef & Basmati Rice 🍴
Chicken, Chorizo & Tomato Pasta
Crispy Chicken Katsu & Basmati Rice
Meatballs & Pasta in Tomato Sauce

Pick & Mix

Choose one option

Lemon & Herb Chicken
Salt & Pepper Chicken
Crispy Buttermilk Chicken
Garlic & Chilli King Prawns 🍴
Crispy or Grilled Halloumi
Flat Iron Steak

Pick & Mix

Choose any two

Garlic New Potatoes (V)

Teriyaki Noodles (V) 🍴

Basmati Rice (VE)

Mac Cheese (V)

Sweet Potato Mash (VE)

Fried Rice

Pesto Pasta (V)

Mixed Greens (V)

Meal Plan Information

Meal Plans from £60.00

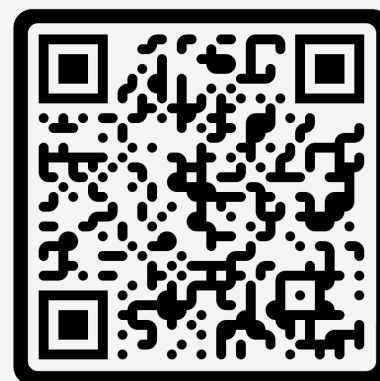
Prepared fresh for collection on Sunday, Wednesday & Friday.

25% discount on all monthly meal plans, contact
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**Please input your choices in the comments section at checkout or
alternatively you can let the team know when they contact you to
confirm your order.

Order through WhatsApp 07904986083 or scan the QR code,
Instagram @lo.calmealplans, or in store at 36 Bridge St.

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SCAN ME

Additional Sauces: Ketchup / BBQ / Sweet chilli / Mayonnaise / Sriracha mayonnaise / Sriracha / Katsu curry / Gravy / Peppercorn